



**Section on Clinical Psychology  
La Section de la psychologie clinique**

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**Minutes of the Annual Business Meeting**

**June 6, 2014  
Vancouver, BC**

**Attendees:** Trish Furer, Douglas Murdoch, Nicole Pugh, George Pugh, Christine Pugh, Dale Dirske, Paul Hewitt, Andrei Florea, Jean Gagnon, Paul Frewen, Theodore Chow, Tanaz Bavan, Andrea Woznica, Skye Fitzpatrick, Sheryl Green, Al-Noor Mawani, Deb Dobson, Keith Dobson, Heather Hadjistavropoulos, Elizabeth Levin, Margo Watt (N=21).

**1. Approval of Agenda**

Margo Watt on behalf of Marin Drapeau called the meeting to order. The agenda for the June 6 2014 Annual Business Meeting was approved as written. Moved by D. Murdoch; seconded by D. Dobson; motion carried.

**2. Approval of Minutes**

The minutes of the June 13, 2013 ABM were approved as circulated. Moved by K. Dobson; seconded by S. Fitzpatrick; motion carried.

**3. Report from the Chair (Margo Watt for Martin Drapeau)**

***Section Executive***

The Executive Committee for 2013-2014 included: Margo Watt (Past-Chair), Martin Drapeau (Chair), Jennifer Garinger (Chair-Elect), Sheryl Green (Secretary-Treasurer), Al-Noor Mawani (Member-at-Large), and Skye Fitzpatrick (Student Member). In addition, we have award winning newsletter editors: Elizabeth Levin and Andrea Woznica. The executive had three teleconference meetings (September 2013, January 2014 and April 2014) and one in-person meetings (June 2013 in Quebec City), as well as regular email correspondence throughout the year.

***Section Initiatives and Activities***

The Clinical Section continued to focus on awards for student initiatives, as well as other members (e.g., the Scientist-Practitioner Early Career Award). The Clinical Section has continued its support of students including conference travel awards (four awards of \$300), Educational Activity Student Grant (two awards of \$1000), sponsorship of the student symposium, and the newly establish Best Student Conference Presentation Awards (3 awards total with \$200 awarded to first place and \$100 to the two runners up). The Section continued its involvement with the CPA Board (e.g., Professional Affairs Committee and Evidence-Based Practice Task Force, Fact Sheets). Finally, there remained a firm commitment to the pursuit of excellence in the clinical section convention program preparation.

With regard to the present (June 2014) convention program, the Clinical Section had sponsored a public lecture by Dr. Mark Lau, a pre-convention workshop entitled, *Therapist-Assisted Internet Cognitive Behavioural Therapy: From Research to Practice* with Dr. Heather Hadjistavropoulos, and a student symposium (with Dr. Heather Hadjistavropoulos as Discussant). The clinical section also co-sponsored speaker, Dr. Charlotte Johnston. Feedback on all four events revealed that they were all very well received and attended. The return of master clinician workshops at CPA conventions was proposed by members of the clinical section during the June 2013 ABM. As a result, Dr. Paul Hewitt was invited and agreed to offer a master clinician workshop scheduled to take place on Saturday June 7. Finally, the clinical poster session is also scheduled to take place on Saturday June 7.

Dr. Douglas Murdoch, who was awarded the Advocacy Grant of \$5000 in 2012, attended the 2014 Annual Business Meeting providing members with a brief summary of his project to date. He will also be presenting his results at the clinical section poster session (two posters) and informed us that he has publications that will be coming shortly based on the results.

The Clinical Section participated in the Supply Need and Demand Summit November 2013, with our chair in attendance. Other initiatives that took place this year included the update of the section handbook, the revision of the section website to include more content, and a survey distributed to section members to ask about their needs and to generate ideas. The survey results will be reported in the upcoming newsletter and on the website. Further, the section initiated with CPA, a taskforce on section operations including a new administrative assistant at CPA to help with some of the section members recurring administrative duties and centralized banking.

#### **4. Report from the Secretary-Treasurer (Sheryl Green)**

##### ***Membership report***

As of May 28, 2014, the Clinical Section has 1134 members (362 students). These numbers are comparable to last year's numbers at the same time.

##### ***Financial Statement, June 12, 2013 – May 29, 2014***

The Clinical Section continues to be in a solid position financially. Over the past few years our expenses have been more than income brought in. However, this year our expenses were less than our income as a result of 1) the interest that was accrued on the final year of the 5-year stepper (\$884.97) and 2) it was decided not to hold an in person executive mid-winter meeting which we had budgeted \$4000 for and have spent \$3500 in the past financial year. The financial statement of May 28, 2014 indicated that there is \$28, 328.03 in the chequing account and \$10,000 in the new 5-year Stepper GIC. The total assets of the Clinical Section are \$38, 328.03. This is more than last year's total assets which were \$34, 375.18.

A discussion took place on having a policy regarding what to do with excessive funds namely, if our balance exceeds one year of clinical section operational costs. Deb Dobson asked if CPA contributes to/would have formal involvement with this decision. Heather Hadjistavropoulos motioned to ask the executive to explore with CPA as to whether they have guidelines as to what to do with reserve funds and ultimately formalize a policy with excessive funds; seconded by Deb Dobson. A vote took place and majority were in favor of this motion; motion carried

Trish Furer moved that the financial statement be accepted; seconded by Douglas Murdoch; motion carried.

##### ***Proposed Budget, 2013-2014***

The proposed budget for 2014-2015 was reviewed. Total income is projected to be about \$15,066.75 with total expenses expected to be in the range of \$18,200.00. We may obtain some income from the proceeds of the pre-convention workshop that was offered by Dr. Heather Hadjistavropoulos but we are not certain at this point if the proceeds will exceed expenses. Total expenses are expected to be more than what we spent last year with the reason being that we will hold an in-person mid-winter executive committee meeting again. Expenses exceeding income has been the case over the past several years (excluding this past year).

Discussion regarding an increase in the travel fund allowance to attend the convention for executive members from \$500 to \$1000 was proposed by Trish Furer, to ensure that executive members are present. Trish Furer motioned to revise the budget to double the executive travel reimbursement to the convention. Deb Dobson seconded the motion. A vote took place to revise the budget to double the travel expenses for the executive. The majority vote was in favor of this motion; motion carried

### **5. Report from the Student Representative (Skye Fitzpatrick)**

Skye reported on her efforts to enhance contact with student members via the Clinical and Student Section Listserv servers, the student column in the Newsletter, as well announcements sent directly to psychology departments. Student members were also invited to act as “convention reporters” at the 2014 Convention and 8 people volunteered to do so. Convention reporters will submit summaries of presentations attended to the Fall Newsletter.

#### ***Clinical Section Travel Award***

Skye reported that there were 16 eligible applicants for the Clinical Section Travel Award. Four successful students were awarded \$400 each.

#### ***Clinical Section Educational Activity Grant for Students***

Skye reported that there are two winners of the Clinical Section Student Educational Activity Grant (max award of \$1000 each). The first award will be granted to Amy Burns from the University of British Columbia, for a workshop entitled: *Psychological Treatment of Addiction and Concurrent Disorders*. The second award will be granted to Lyndsay Crump from the University of New Brunswick, for a workshop entitled: Evidence-Based Assessment. A summary of the award recipient’s projects will be included in an upcoming Newsletter.

#### ***Clinical Section Student Symposium***

Skye also reported on the fifth annual Student Symposium, which was held on Thursday afternoon. The focus of the symposium was: *New Technologies in Psychological Treatments: A Focus on Graduate Student Contributions to the Literature* (in keeping with the theme of the pre-convention speaker) and included four graduate student presentations selected from eight applicants. Appreciation was voiced to our discussant, Dr. Heather Hadjistavropoulos.

### **6. Report from the Chair-Elect (Margo Watt for Jennifer Garinger)**

#### ***Submissions to the 2014 CPA Annual Convention***

Jennifer reviewed the submissions for CPA 2014. She noted that there were 158 Clinical Section submissions this year – 94% acceptance rate: 118 were poster submissions, 18 symposia, 9 workshops, 2 theory reviews, and 2 conversation sessions.

Jennifer expressed appreciation to the individuals from across Canada who reviewed this year’s submissions: Drs. Rowa, Carleton, Losier, Francis, McWilliams, McCabe, Levin, Furer, Koerner, Mushquash, LaChappelle, French, Weaver, Watt, Drapeau, Green and Mawani.

## SECTION AWARDS

### ***Clinical Section Ken Bowers Award for Student Research***

The Ken Bowers Award for Student Research was established to honor the enormous contributions of Dr. Ken Bowers to the field of clinical psychology. This year, it was awarded to Nicole Pugh (University of Regina, SK). The title of her paper was: *An efficacy trial of a therapist assisted internet-delivered cognitive-behavioural therapy program for women with postpartum depression.*

### ***Scientist Practitioner Early Career Award***

This year's recipient of the Scientist Practitioner Early Career Award for the Clinical Section is Dr. Paul Frewen of the University of Western Ontario, London, ON. This award, which comes with \$1000, was designed to recognize individuals within ten years of graduating and licensure who have demonstrated outstanding performance in one domain (research and/or practice), solid proficiency in the other, and evidence of integration across the two domains. Award recipients are encouraged to do a talk at the annual convention.

### ***Clinical Section Fellows 2014***

This award is in recognition of important contributions to Clinical Psychology and the Clinical Section. Unfortunately, there were no submissions this year. One of last year's fellows, Dr. Paul Hewitt from the University of British Columbia, who was unable to attend last year's convention to receive his award, was in attendance at today's meeting and was presented with his fellowship status.

### **7. Thank you to newsletter editors (Margo Watt)**

On behalf of the Clinical Section, Margo Watt thanked Elizabeth Levin and Andrea Woznica for their on-going work as award-winning newsletter editors.

### **8. Thank you to outgoing members (Sheryl Green)**

On behalf of the Clinical Section, Sheryl Green conveyed our sincere gratitude to Margo Watt for her considerable contributions to the Executive. Margo has been involved formally with the clinical section for nearly 10 years first serving as editor for our newsletter from 2005-2012, secretary-treasurer from 2009-2011, chair-elect from 2011-2012, chair from 2012-2013, and finally past chair 2013-2014.

### **9. Report from the Past Chair (Margo Watt)**

#### ***Clinical Section Executive Elections***

Martin Drapeau was moved to the position of Past Chair of the Clinical Section Executive for 2014-2015; Jennifer Garinger was moved to the position of Chair; Lachlan McWilliams was elected by acclamation to the position of Chair-Elect. Sheryl Green remains in the position of Secretary-Treasurer; Al-Noor Mawani remains in the position of Member-at-Large; and Skye Fitzpatrick remains as Student Representative. Congratulations and a warm welcome to the Lachlan McWilliams.

## **10. New Section Business**

### ***Clinical Section Ongoing/New Initiatives (Margo Watt for Martin Drapeau)***

Ongoing initiatives include continued revision of the section website (and adding new content) reporting on and following up with results from the survey (e.g., listserv, resources for members, networking), and moving tasks over to the CPA administrative assistant. Further, there will be a focus on larger initiatives to promote the Section/Clinical psychology (e.g., information for service users, access to services).

## **11. Adjournment (Margo Watt)**

The meeting was adjourned. Douglas Murdoch moved to adjourn the meeting; seconded by Deb Dobson.

Submitted by

Sheryl Green, Ph.D., C. Psych.  
Secretary-Treasurer, CPA Clinical Section